



## Alabama Ballet School Health and Safety Guidelines

Alabama Ballet School is committed to providing our students with the safest dance environment possible. In doing so, we have instituted the below policies which will be required for attendance to our school. Each student and staff member must familiarize themselves with these guidelines to ensure a safe and healthy environment.

These policies are subject to change and will continue to evolve with any additional information that provides more clarity on best practices to ensure the health and well-being of students.

### Wellness Policy

- Everyone entering Alabama Ballet Center for Dance must participate in daily temperature checks. Temperature must read less than 100.4 degrees F.
- Everyone entering Alabama Ballet Center for Dance is expected only to enter if free from illness or any symptoms of illness.
- Students and staff who have provided proof of vaccination to our School Office ([rachelsingletary@alabamaballet.org](mailto:rachelsingletary@alabamaballet.org)) are not required to wear protective face masks on premises. All others **are** required to wear their own self-provided appropriate protective masks on premises at all times.
- Unvaccinated individuals are expected to practice social distancing as much as possible while in class and on premises.
- Students are to properly clean and sanitize all personal property before entering the Alabama Ballet Center for Dance daily.

### Building and Studio Policies

- Alabama Ballet School will limit class sizes as needed and with regard to studio size for each particular class.
- Ballet barres and equipment will be wiped down and sanitized before each class.
- Students and staff must enter and exit through the main entrance using the designated doors.
- Students should arrive no more than 15 minutes before their class time. Students should be picked up promptly at the end of their class time.
- Staff and students only are allowed inside the building. The lobby is closed to guests and visitors.
- Students must arrive pre-dressed in dance attire with hair done before entering the building. The dressing rooms will be closed.
- The kitchen is closed. There are no vending machines.
- Students must bring their own full water bottle – use of water fountains is prohibited. Additional bottles of individual water will be available for students at no additional cost.
- The restroom in the lobby is the only restroom available. Limit to 2 people in the restroom at one time.
- Hand sanitizer will be outside each studio and on the table as you enter the building. Please make sure you use them coming into and going out of the studios and wash your hands as much as possible.
- There will be no lost and found. No personal belongings may be left overnight, and any unclaimed items found at the end of the day will be disposed.
- For tuition payments, you may pay online using our CompuDance system, or by sending in a check with your dancer. Checks may be placed in the lockbox on the school office door. Make checks out to Alabama Ballet School. To access CompuDance, email [rachelsingletary@alabamaballet.org](mailto:rachelsingletary@alabamaballet.org) for login instructions.



### **Exposure Policy**

Anyone exhibiting symptoms of COVID-19 (cough, fever of 100 degrees or greater, shortness of breath or difficulty breathing; or at least two of these symptoms: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste/smell) must not attempt to enter the building. An unvaccinated student or staff member who exhibits symptoms of illness or has been exposed to a known positive COVID-19 case must agree to self-quarantine for 10 days, or for 7 days after receiving a negative COVID-19 test (test must occur on day 5 or later). Upon completion of self-quarantine and/or negative COVID-19 test, the individual will be allowed to re-enter the building.

If a student or staff member tests positive for COVID-19, he or she will be sent home immediately and will not be allowed to re-enter the building until cleared by a doctor. A doctor's note must be provided to Alabama Ballet School staff prior to return.

### **Refund Policy**

If a participant must miss class due to sickness or quarantine at any point during the school year, the participant will not receive a tuition refund.

**Alabama Ballet reserves the right to change or amend any of these policies or guidelines based on the evolving nature of COVID-19. These policies will remain in place until further notice.**



### NOTICE, ACKNOWLEDGEMENT, AND WAIVER

During these times of Covid-19, the State of Alabama Ballet, Inc., (the "Ballet") is following all of the recommendations of the Center for Disease Control and Prevention (CDC) to help all participants and staff maintain a safe environment for our events and programs by practicing social distancing, hand hygiene, respiratory etiquette and other recommended measures and by following our Wellness Plan which is attached hereto. The risks associated with contracting Covid-19 are well known. There is a risk of contracting the virus while at the Alabama Ballet. Of course, you, or your child, could contract the virus outside the Ballet and unrelated to its programs. You, your children and the staff could be currently infected by Covid-19 and have no symptoms. Determining who currently is infected is challenging, and for that reason, our Wellness Plan attempts to use best practices to limit the risk, but no guarantees can be made.

In full recognition of the fact that the virus can be contracted anywhere and at any time, the undersigned acknowledges and agrees to observe the policies and procedures of the Ballet and its Wellness Plan and, further, acknowledges that despite all safety precautions the virus can still be contracted.

By my signature below, I confirm that I have read the Notice and on behalf of myself, and my minor children, I understand that participation in any Ballet workshops, classes and/or programs is not free of risk, including the risk of exposure and infection with the Covid-19 virus. On behalf of myself and each minor child, I accept the risks associated with participating in any program or activity [and agree individually, and on behalf of my minor children, to waive and release Alabama Ballet from any liability in the event that I or my children contract Covid-19.]

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**Print Student Name**

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**Parent/Guardian Signature**

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**Date**