



## **Alabama Ballet School Health and Safety Guidelines**

Alabama Ballet School is committed to providing our students with the safest dance environment possible. In doing so, we have instituted the below policies which will be required for attendance to our school. Each student and staff member must familiarize themselves with these guidelines to ensure a safe and healthy environment.

These policies are subject to change and will continue to evolve with any additional information that provides more clarity on best practices to ensure the health and well-being of students.

### **Class Structure and Schedules**

Alabama Ballet School classes will be divided into small class sizes of no more than ten or twelve students, depending on the grade level.

Classes are assigned to a designated studio that stays the same each week and will only take class in that studio. Ballet barres and equipment will be wiped down and sanitized before each class.

### **Wellness Policy**

- Students and staff must participate in daily temperature checks before entering the building.
- Students and staff must attest that they are symptom free by answering the CDC-provided questionnaire before entering the building.
- Students and staff will be required to wear protective masks on premises, including entering and leaving the building, in common areas and in between classes. A mask is required while dancing up through level five. Participants are to provide and wear their own appropriate face masks.
- Students must practice the CDC policies of social distancing (maintaining six feet of distance) and may not gather with others outside of the 10 or 12 participants in their associated group.
- Students are to properly clean and sanitize all personal property before entering the Alabama Ballet Center for Dance daily.

### **Building and Studio Policies**

- Students and staff must enter and exit through the main entrance using the designated doors.
- Students should arrive no more than 15 minutes before their class time. Students should be picked up promptly at the end of their class time.
- Parents and visitors will not be allowed inside the building. The lobby will be closed.
- Students must arrive pre-dressed in dance attire with hair done before entering the building. The dressing rooms will be closed.
- The kitchen is closed. There will be no access to vending machines.
- Students must bring their own full water bottle – use of water fountains is prohibited. Additional bottles of individual water will be available for students at no additional cost.
- All ballet bags should be spaced 6 feet apart.
- When standing at the barre, at center, or in the back of the studio waiting to dance, the 6-foot social distancing must be maintained.
- The restroom in the lobby is the only restroom available. Limit to 2 people in the restroom at one time.
- Hand sanitizer will be outside each studio and on the table as you enter the building. Please make sure you use them coming into and going out of the studios and wash your hands as much as possible.
- There will be no lost and found. No personal belongings may be left overnight, and any unclaimed items found at the end of the day will be disposed.



- For tuition payments, we will be accepting cashless payments via over the phone using credit card or Venmo, @Alabama-Ballet. Please be sure to note tuition payments with student name and class.

### **Exposure Policy**

If a student or staff member exhibits symptoms of COVID-19 (cough, fever of 100 degrees or greater, shortness of breath or difficulty breathing; or at least two of these symptoms: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste/smell) he or she must notify Alabama Ballet School immediately and must not attempt to enter the building. A student or staff member who exhibits symptoms must agree to self-quarantine for 14 days following guidelines set by the CDC. Upon completion of self-quarantine and/or negative COVID-19 test, the student or staff member will be allowed to re-enter the program.

If a student or staff member tests positive for COVID-19, he or she will be sent home immediately and will not be allowed to re-enter the building until 2 negative tests are rendered. Proof of two negative tests must be provided to Alabama Ballet School staff prior to return.

If a staff member or student comes into contact with a known COVID-19 positive person, he or she must notify the Alabama Ballet School immediately and will self-quarantine for 14 days. *\*This includes 14 days prior to the start of the first day of classes.*

If a student or staff member, or their immediate family member or person living in their household, tests positive for COVID-19, all students and faculty exposed to that participant or staff member will be asked to self-quarantine for 14 days. Alabama Ballet will enact full sanitation of the Alabama Ballet Center for Dance. Once sanitized, students in different groups will be allowed re-entry into the building, pending they have had no first or second-degree contact with the positive student.

### **Government Closure Policy**

If local, state or federal government officials choose to disallow Alabama Ballet School functions (gathering in groups of 10, stay at home order, etc.) forcing the school to close, Alabama Ballet will provide a pro-rated refund of classes missed for the duration of the closure. Refunds are subject to a 25% Administration Fee.

### **Refund Policy**

If a participant must miss class due to sickness or quarantine at any point during the school year, the participant will not receive a tuition refund.

**Alabama Ballet reserves the right to change or amend any of these policies or guidelines based on the evolving nature of information and readily available testing for COVID-19. These policies will remain in place until further notice.**



**NOTICE, ACKNOWLEDGEMENT [AND WAIVER]**

During these times of Covid-19, the State of Alabama Ballet, Inc., (the "Ballet") is following all of the recommendations of the Center for Disease Control and Prevention (CDC) to help all participants and staff maintain a safe environment for our events and programs by practicing social distancing, hand hygiene, respiratory etiquette and other recommended measures and by following our Wellness Plan which is attached hereto. The risks associated with contracting Covid-19 are well known. There is a risk of contracting the virus while at the Alabama Ballet. Of course, you, or your child, could contract the virus outside the Ballet and unrelated to its programs. You, your children and the staff could be currently infected by Covid-19 and have no symptoms. Determining who currently is infected is challenging during these times due to the limited availability of testing. For that reason, our Wellness Plan attempts to use best practices to limit the risk, but no guarantees can be made.

In full recognition of the fact that the virus can be contracted anywhere and at any time, the undersigned acknowledges and agrees to observe the policies and procedures of the Ballet and its Wellness Plan and, further, acknowledges that despite all safety precautions the virus can still be contracted.

By my signature below, I confirm that I have read the Notice and on behalf of myself, and my minor children, I understand that participation in any Ballet workshops, classes and/or programs is not free of risk, including the risk of exposure and infection with the Covid-19 virus. On behalf of myself and each minor child, I accept the risks associated with participating in any program or activity [and agree individually, and on behalf of my minor children, to waive and release Alabama Ballet from any liability in the event that I or my children contract Covid-19.]

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**Print Student Name**

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**Parent/Guardian Signature**

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**Date**