



# ALABAMA BALLET

## *GEORGE BALANCHINE'S THE NUTCRACKER* @ COMMUNITY CAST

### HEALTH AND SAFETY GUIDELINES

Alabama Ballet is committed to providing the community cast with the safest dance environment possible. In doing so, we have instituted the below policies which will be required. Each participant and staff member must familiarize themselves with these guidelines to ensure a safe and healthy environment.

These policies are subject to change and will continue to evolve with any additional information that provides more clarity on best practices to ensure the health and well-being of all participants.

#### Wellness Policy

- ALL participants and staff must participate in daily temperature checks as well as both hands sanitized prior to entering the building.
- ALL participants and staff must attest that they are symptom free. In the case that a participant does not feel well, we urge that the participant notify the artistic staff through the BAND app and stay home. We ask that they go to the doctor immediately.
- Participants and staff will be required to wear protective masks on premises, including entering and leaving the building, in common areas and in between classes. A mask is not required while dancing. Participants are to provide and wear their own appropriate face masks.
- Participants must practice the CDC policies of social distancing (maintaining six feet of distance) and may not gather with others outside of the 10 participants in their associated group outside of designated rehearsals.
- Participants are to properly clean and sanitize all personal property before entering the Alabama Ballet Center for Dance daily.

#### Building and Studio Policies

- Participants and staff must enter and exit through the main entrance using the designated doors.
- Participants should arrive no more than 15 minutes before their class time. Participants should be picked up promptly at the end of their class time.
- Parents and visitors will **not be allowed** inside the building. The lobby will be closed.
- Participants must arrive pre-dressed in dance attire before entering the building. The dressing rooms will be closed.
- The kitchen is closed. There will be no access to vending machines. Participants are not allowed to eat any meals and/or snacks in the building.
- Participants must bring their own full water bottle – use of water fountains is prohibited. Additional bottles of individual water will be available for participants at no additional cost.
- All ballet bags/personal items should be spaced 6 feet apart.
- The restroom in the lobby is the only restroom available. Limit to 2 people in the restroom at one time.
- Hand sanitizer will be outside each studio and on the table as you enter the building. Please make sure you use them coming into and going out of the studios and wash your hands as much as possible.
- If participant is using a prop for their designated role, each participant will be expected to wipe down their prop with provided disinfectant after each rehearsal.



### Production Policy

- Participants and staff that contract Covid-19 must notify Alabama Ballet through the BAND app and immediately self-quarantine even if this means missing shows. Missed performances will not be made up and or reassigned.
- Participants and parents/guardians should understand that in the case that these events should occur, participants may be asked to perform a role in a performance that he or she was not be originally scheduled to perform. In event of extreme emergency, a participant may be asked to perform a role that is not the role he or she was originally designated.

In case of emergency participant is allowed to be considered to perform role(s) in originally unscheduled performances.

YES \_\_\_ NO \_\_\_

In case of emergency, participant is allowed to be considered to perform in a role(s) that was he/she was not originally cast in.

YES \_\_\_ NO \_\_\_

- The sharing of makeup, ballet attire, and ballet shoes is prohibited. Participants will have to share costumes. Costumes will be thoroughly cleaned after each performance and dress rehearsal with disinfectant.
- Participants designated to the roles of Party Girls will be required to purchase their own dolls used as props in the Party Scene. Dolls should not be shared and or borrowed. Participants will be held fully responsible for cleaning and transporting their dolls. Alabama Ballet is not responsible for the whereabouts of the dolls. Participants are expected to transport the dolls to and from rehearsals as well as to and from the theatre during production week and all performances.

### BAND App Policy

- All participants and parents/guardians are strongly encouraged to use the BAND app available on all smart phones for all levels of communication. To provide contactless document signing and sharing and efficient communication, the BAND app should be immediately downloaded at the start of Nutcracker rehearsals. Due to possible schedule changes, this app may possibly need to be shared with babysitters and /or carpool participants.
- All documents including schedules, forms, and payment, will be processed through the app. Any changes and important notifications will be posted on the app. Each participant will have full privacy on the app and information will only be shared to the artistic staff.
- Alabama Ballet is not responsible for and privacy issues or fraud issues that are unlikely but may occur through the use of the app. If any suspicious messages or activity is encountered, notify the artistic staff immediately.
- In extreme cases, if a participant is unable to use the app, they may contact the artistic staff through the [abnutcrackercc@gmail.com](mailto:abnutcrackercc@gmail.com) email. However, note that the most effective and efficient way of contact is through the BAND app.

### Exposure Policy

If a participant or staff member exhibits symptoms of COVID-19 (cough, fever of 100 degrees or greater, shortness of breath or difficulty breathing; or at least two of these symptoms: fever, chills, repeated shaking with chills,



muscle pain, headache, sore throat, new loss of taste/smell) he or she **must notify** Alabama Ballet through the BAND app immediately and must not attempt to enter the building.

If a participant or staff member tests positive for COVID-19, he or she must notify Alabama Ballet through the BAND app and agree to self-quarantine for 14 days following guidelines set by the CDC. Alabama Ballet will notify all community cast members through the Band app that a participant has tested positive for COVID-19, but the name and any confidential details regarding the participant will not be released. Said participant will not be allowed to re-enter the building until 2 negative tests are rendered. Proof of two negative tests must be provided to Alabama Ballet School staff prior to return.

If a staff member or participant comes into contact with a known COVID-19 positive person, he or she must notify the Alabama Ballet through the Band app immediately and must be willing to self-quarantine for 14 days.

#### Government Closure Policy

If local, state or federal government officials choose to disallow Alabama Ballet and Alabama Ballet School functions (gathering in groups of 10, stay at home order, etc.) forcing the studio to close, Alabama Ballet will not be refunding the \$270 production cost fee and/or the \$20 audition fee. Tickets that have already been purchased **may** be refunded through Ticketmaster. Alabama Ballet is not responsible for the refunding of ticket sales. All inquiries and concerns must be directed to Ticketmaster.

Alabama Ballet reserves the right to change or amend any of these policies or guidelines based on the evolving nature of information and readily available testing for COVID-19. These policies will remain in place until further notice.



## NOTICE, ACKNOWLEDGEMENT [AND WAIVER]

During these times of Covid-19, the State of Alabama Ballet, Inc., (the “Ballet”) is following all of the recommendations of the Center for Disease Control and Prevention (CDC) to help all participants and staff maintain a safe environment for our events and programs by practicing social distancing, hand hygiene, respiratory etiquette and other recommended measures and by following our Wellness Plan which is attached hereto. The risks associated with contracting Covid-19 are well known. There is a risk of contracting the virus while at the Alabama Ballet. Of course, you, or your child, could contract the virus outside the Ballet and unrelated to its programs. You, your children and the staff could be currently infected by Covid-19 and have no symptoms. Determining who currently is infected is challenging during these times due to the limited availability of testing. For that reason, our Wellness Plan attempts to use best practices to limit the risk, but no guarantees can be made.

In full recognition of the fact that the virus can be contracted anywhere and at any time, the undersigned acknowledges and agrees to observe the policies and procedures of the Ballet and its Wellness Plan and, further, acknowledges that despite all safety precautions the virus can still be contracted.

By my signature below, I confirm that I have read the Notice and on behalf of myself, and my minor children, I understand that participation in any Ballet workshops, classes and/or programs is not free of risk, including the risk of exposure and infection with the Covid-19 virus. On behalf of myself and each minor child, I accept the risks associated with participating in any program or activity [and agree individually, and on behalf of my minor children, to waive and release Alabama Ballet from any liability in the event that I or my children contract Covid-19.]

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Print Participant Name

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Parent/Guardian Signature

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Date